# PaRC Annual Report -FY20

#### Core Research Faculty:

- Yael Schenker, MD, MAS, FAAHPM
- Robert Arnold, MD, FAAHPM
- Amar Bansal, MD, FASN
- Hailey Bulls, PhD, MA
- Jennifer Seaman, PhD, RN
- Jessica Merlin, MD, PhD, MBA
- Margaret Rosenzweig, PhD, CRNP
- Jane Schell, MD, FNKF, FAAHPM
- Jennifer Pruskowski, PharmD
- Teresa Hagan Thomas, PhD, RN
- Douglas White, MD, MAS
- Justin Yu, MD

#### Advisory Board:

Robert Arnold, MD, FAAHPM University of Pittsburgh

J. Randall Curtis, MD, MPH University of Washington

Betty Ferrell, PhD
 City of Hope Medical Center

Kimberly Johnson, MD Duke University

Jean Kutner, MD, MPH/MSPH University of Colorado

R. Sean Morrison, MD Icahn School of Medicine

Kathryn Pollak, PhD Duke University

#### **Recruitment & Growth:**

- Teresa Hagan Thomas, Douglas White, Margaret Rosenzweig, Jennifer Pruskowski, and Jennifer Seaman joined PaRC as core faculty members.
- PaRC core research faculty supported 40 total mentees, including medical students, residents, fellows, post-doctoral fellows, and junior faculty
- Dr. Kimberly Johnson joined the PaRC Advisory Board
- PaRC leadership developed four key areas of focus:
  - \* Community and Collaborations
  - Diversity, Equity, and Inclusion
  - Innovations in Palliative Care Science
  - Mentorship, Training, and Career Development
- Justin Yu was named PaRC Assistant Director of Community Outreach and Collaboration

#### Palliative Research Center Mission:

The mission of the Palliative Research Center (PaRC) is to promote the field of palliative care by building the scientific evidence base, exploring ethical dilemmas, fostering transdisciplinary collaborations, and mentoring a diverse generation of emerging palliative care research scientists.



#### Research Impact & Funding:

- 8 new grants funded including:
  - Project Extension for Community Health Outcomes in Western-PA (McElhattan Foundation)
  - Developing an intervention to address intersecting prescription opioid and chronic pain stigma in cancer survivors: formative work (NIH-NIDA)

\* Randomized Trial of a Scalable, Interactive Tool to Support Surrogate Decision-Makers of Elderly Critically III Patients (NIH-NIA)

- 6 additional grants submitted and pending review
- 18 active grants with over \$21 million in PI grant funding
- 114 publications published by PaRC core research faculty

### **Awards & Recognition:**

 Robert Arnold received the inaugural Award for Excellence in Education and Training from the American Academy of Hospice and Palliative Medicine

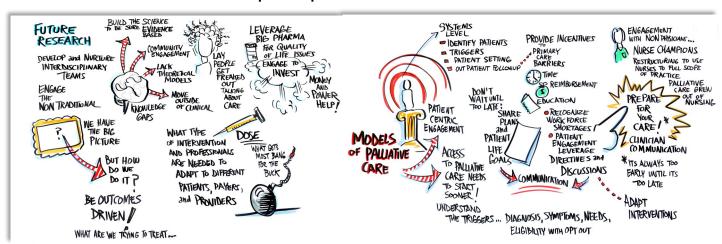


2020 PaRC Virtual Retreat

- Yael Schenker was appointed Professor of Medicine in the Division of General Internal Medicine
- Jessica Merlin and Hailey Bulls founded the CHAllenges in Managing & Preventing Pain (CHAMPP)
  Research Center

#### Other Key Accomplishments:

- PaRC virtually hosted its 2nd annual retreat using human-centered design methods to address key issues in palliative care research
- PaRC's monthly PERCOLATE sessions provided the opportunity for faculty and mentees to receive feedback on works-in-progress
- PaRC expanded the LEADS/Gleitsman Student Research in Palliative Care Program to a total of 13 students from underrepresented minority backgrounds and institutions without palliative care programs
- We have a new website! Check out palcare.pitt.edu!



**Graphic Recording of Retreat Small Group Discussions** 



# By The Numbers

PaRC is a collaborative of 12 faculty members devoted to palliative care research

## **Areas of Study:**



access to palliative care



patient decision-making



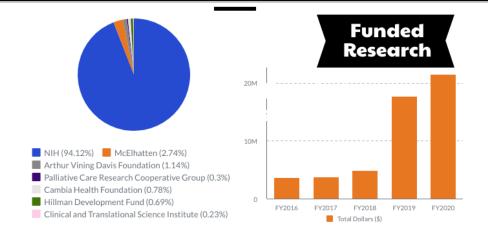
clinician communication



palliative care workforce



treatment of pain & addiction in serious illness



## **Representative Journals:**

- Annals of Internal Medicine
- Journal of Pain and Symptom Management Journal of Critical Care Medicine
- Journal of Palliative Medicine
- JAMA Internal Medicine
- Journal of Addiction Medicine American Journal of Nephrology
- Pain Medicine
- Medical Decision Making
- Journal of Hospice and Palliative Medicine







**Publications in 2020** 



100,000 Twitter Users Reached



750 Followers

