

# 2023 Gleitsman Student Diversity in Palliative Care Research Award

## Meet the Scholars



### Adaugo Okpareke, BS

*Morehouse School of Medicine*

**Why I'm interested in Palliative Care:** I'm drawn to palliative care because of the focus on enhancing treatments for a patient's physical illness while also addressing the social, emotional, and mental effects of illnesses as well.

**Hometown:** Acworth, Georgia

**Hobbies:** Traveling, hair braiding, trying new restaurants, spending time with family and friends, watching movies



### Andrea Nicole Navarro Zambrana, MS, BS

*Ponce Health Sciences University*

**Why I'm interested in Palliative Care:** My interest in palliative care is to learn to provide quality care for symptom management and find alternatives that fit the patient's needs.

**Hometown:** Juana Díaz, Puerto Rico

**Hobbies:** Playing guitar, practicing mindfulness meditation, and playing board games with family and friends



### Sarah Khan, MS, BS

*A.T. Still University – School of Osteopathic Medicine*

**Why I'm interested in Palliative Care:** My interest in palliative care arises from my drive to provide compassionate and culturally competent end-of-life care that honors my patients' diverse beliefs and values.

**Hometown:** Waukegan, Illinois

**Hobbies:** Dancing to South Asian/Hip-Hop fusion music, cooking new recipes, and spending time with my friends and family



### Ashley Jones, BS

*Saint Louis University School of Medicine*

**Why I'm interested in Palliative Care:** I want to learn about the social determinants of health and ways to improve current healthcare practices within palliative care.

**Hometown:** Avondale, Arizona

**Hobbies:** Intramural sports, fishing, watching tv